



To: Coventry Health and Wellbeing Board

Date: 04 October 2021

From: Matt Gilks, Director of Commissioning and Chair of the Children and Young People Mental Health and Wellbeing Board, Coventry and Warwickshire CCG

Richard Limb, CAMHS Programme Manager, Coventry City Council and Coventry and Warwickshire CCG

Title: CAMHS Local Transformation Plan: Year five refresh

1 Purpose

- 1.1. The purpose of the report is to seek endorsement from the Coventry Health and Wellbeing Board for the year five refresh of the CAMHS Local Transformation Plan (LTP).

2 Recommendations

- 2.1. It is recommended that Coventry Health and Wellbeing Board:
 - Endorses the Coventry and Warwickshire CAMHS (Child and Adolescent Mental Health Services) Local Transformation Plan refresh for year five.

3 Information/Background

- 3.1. There is a requirement from NHS England (NHSE) for Clinical Commissioning Groups to develop a CAMHS Local Transformation Plan, working with their local partners to set out a strategic vision for delivering improvements in children and young people's mental health and wellbeing over a five-year period 2015-2020.
- 3.2. Clinical Commissioning Groups are required to refresh the plan on an annual basis to demonstrate progress and outline priorities for the forthcoming year.
- 3.3. This is the fifth year of the CAMHS Local Transformation Plan refresh, highlighting progress against the priorities for 2019/20 and further progress planned for 2020/21.

- 3.4. This year's refresh, which was due to be published in March 2021, has been delayed due to Covid-19 pandemic. Refreshed plans are reviewed by NHS England. There is a requirement for the plans to be developed collaboratively with key partners. In line with this requirement the refresh process is managed through the multi-agency CAMHS Board and delivered by the Transformation Operation Group (TOG). The CAMHS Board is chaired by Matt Gilks, Director of Commissioning, Coventry and Warwickshire Clinical Commissioning Group (CWCCG) and includes representation from Coventry City Council, Warwickshire County Council, and provider organisations such as CWPT, CW Mind.
- 3.5. Appendix 1 is the year five refresh of the Local Transformation Plan for 2020/21.

4 Progress in 2019/2020 and priorities for 2020/2021

- 4.1. Since the last LTP refresh in October 2019 focus has been on the response to Covid-19 pandemic. The system has had to make significant changes in order to adapt the emotional wellbeing and mental health offer to ensure our local children and young people's needs are met. Table 1 below outlines the key progress against 2019/20 priorities:

2019/2020 progress	
1	<p>Improve the breadth of access, timeliness and effectiveness of emotional well-being and mental health support available to children and young people 0 - 25;</p> <ul style="list-style-type: none"> • Kooth was commissioned in Warwickshire on 29 March 2021 and Coventry on 12 April 2021. Service offer provides emotional wellbeing and mental health support to children and young people to 11 – 25 year olds. • A multi-agency Project Working Group has been developed along with a project plan to expand the CAMHS offer from 18 to 25. The modelling for the service will be co-produced with young people. • Planning requirement funding has been received to develop a Peer Mentoring Project, which will be led by a Voluntary Sector Organisation, for young adults aged 16 – 25. This service will offer one to one peer mentoring support to: <ul style="list-style-type: none"> ○ Young adults 16 - 18 transitioning from children and young people’s mental health services to adult mental services ○ Young adults aged 17 – 25 who have never accessed mental health services but are at risk of needing an intervention ○ Young adults leaving care at risk of accessing mental health services • Funding has been identified in 2021/22 to extend the Intensive Support Service (IST) to young adults aged 18 to 25. The IST provides support to children and young people with learning disabilities and/or autism and aims to keep CYP in the family / care setting to avoid unnecessary hospital admissions. • Coventry and Warwickshire are one of 13 sites participating in a national pilot as part of the NHS Long Term Plan to develop a keyworker role for young people aged 0-25 with autism and/or learning disabilities who are in hospital or at risk of admission.
2	<p>Strengthen approaches to resilience, early help and prevention through work both with schools, (as they are often the first point of contact with children and young people with emotional well-being and mental health issues) and family hubs and community partnership venues;</p> <ul style="list-style-type: none"> • Coventry and Warwickshire successfully launched the Year of Wellbeing campaign to raise awareness to improve physical and mental health across the sub-region. The Year of Wellbeing was led by both Coventry and Warwickshire's Health and Wellbeing Boards, who developed a unique partnership – the first of its kind in the country • Coventry and Warwickshire developed respective system wide working group, known as the mental health surge working group, to monitor and review referral data into mental health services. The purpose of the group is to ensure a co-ordinated system wide response to supporting children and young people with emotional wellbeing and mental health issues. The working group provides an opportunity for services to come together to build working relationships, understand each other services, and to help avoid duplication across the system. • In September 2020, the Government launched a Wellbeing for Education return training programme as a response to providing mental health and emotional wellbeing support to schools and colleges. Coventry and Warwickshire hosted a number of webinars with schools and college to roll the training programme out, utilising the CASCADE model of delivery. • Coventry and Warwickshire have continued to implement the Mental Health Support Teams within schools. Warwickshire were successful in securing additional funding for a further 2 MHST in Nuneaton and Bedworth which will commence from September 2021. • As outlined in Priority 1 above, Kooth has also been launched across Coventry and Warwickshire.
3	<p>Continue to develop the eating disorder pathway and services;</p> <ul style="list-style-type: none"> • The CCG have invested additional recurrent funding to expand the eating disorder workforce to support the critical growth needed in the service to

	<p>respond to the pressures of demand for eating disorder services</p> <ul style="list-style-type: none"> • ‘Think Family Outreach Team’ has been developed utilising additional short-term investment. The service is a partnership model between health, social care (Coventry and Warwickshire LAs), and NHS Trust provider, that will deliver in-reach (to help support children and young people back into the community) and outreach support (to provide intervention within the community to help avoid hospital admission) to children and young people in crisis and with eating disorders across Coventry and Warwickshire. • Further additional investment has also been allocated to Eating Disorder service to further enhance the offer to meet the growing demand. This funding will be allocated to: <ul style="list-style-type: none"> ○ Expand the current Eating Disorder offer to young people up to 18 years and 364 days, with a view to further expand up to the age of 25 ○ Development of an Avoidant Restrictive Food Intake Disorder (ARFID) service to meet the growing demand seen locally and nationally ○ Recruitment to address workforce deficits which impact on the delivery of access and waiting times. Further recruitment to Third Sector staff to be embedded in the primary care and schools response to educate on Eating Disorders and the need for early help and access will aim to slow the urgent referral demand for late presentations.
4	<p>Strengthen the multi-agency approach to children and young people experiencing mental health crises</p> <ul style="list-style-type: none"> • 24/7 crisis line for children and young people and adults was developed and implemented in April 2020 following the first national lockdown. This includes the development of links to the Neurodevelopmental Team to provide a holistic offer of support. • Crisis and Home Treatment Team (CRHTT) was expanded during Covid-19 pandemic to respond to the increased demand on children and young people presenting in crisis. • Coventry City Council have deployed a social worker to University Hospital Coventry and Warwickshire (UHCW) to support discharge from acute settings, in particular for those open to social care. • PeopleToo, an independent voluntary sector organisation, was commissioned in January 2021 to undertake a review of the 24/7 crisis offer. Findings from this report will be used to further develop the offer across Coventry and Warwickshire.
5	<p>Further develop the CAMHS digital offer to increase access to services and support for children and young people;</p> <ul style="list-style-type: none"> • CWPT have continued to develop the Dimensions Tool working alongside Warwick University, which has undergone a refresh. • CWPT continue to roll out and expand the use of ‘Attend Anywhere’ (AA), the NHS digital consultation platform. RISE presented the use of AA as part of the Global Digital Exemplar programme, enabling continued support to children and young people while also working within the NHS and COVID safe guidance • RISE continue to partner with HEALIOS, (an online treatment service), that has been commissioned through CWPT ensuring children and young people have the best chance of achieving their goals to fulfil their life's potential through supporting mental health, emotional wellbeing and resilience. • As outlined in Priority 1 above, Kooth has also been launched across Coventry and Warwickshire. • Dear Life (http://dearlife.org.uk/) is a new suicide prevention portal for Coventry and Warwickshire which aims to reach people who are desperately seeking support and information, or, to provide support and information to anyone who is worried about a loved one or someone they know. • CW Mind have transitioned all their support services over to a digital format, following national lockdown, albeit face to face support is now starting to take place.

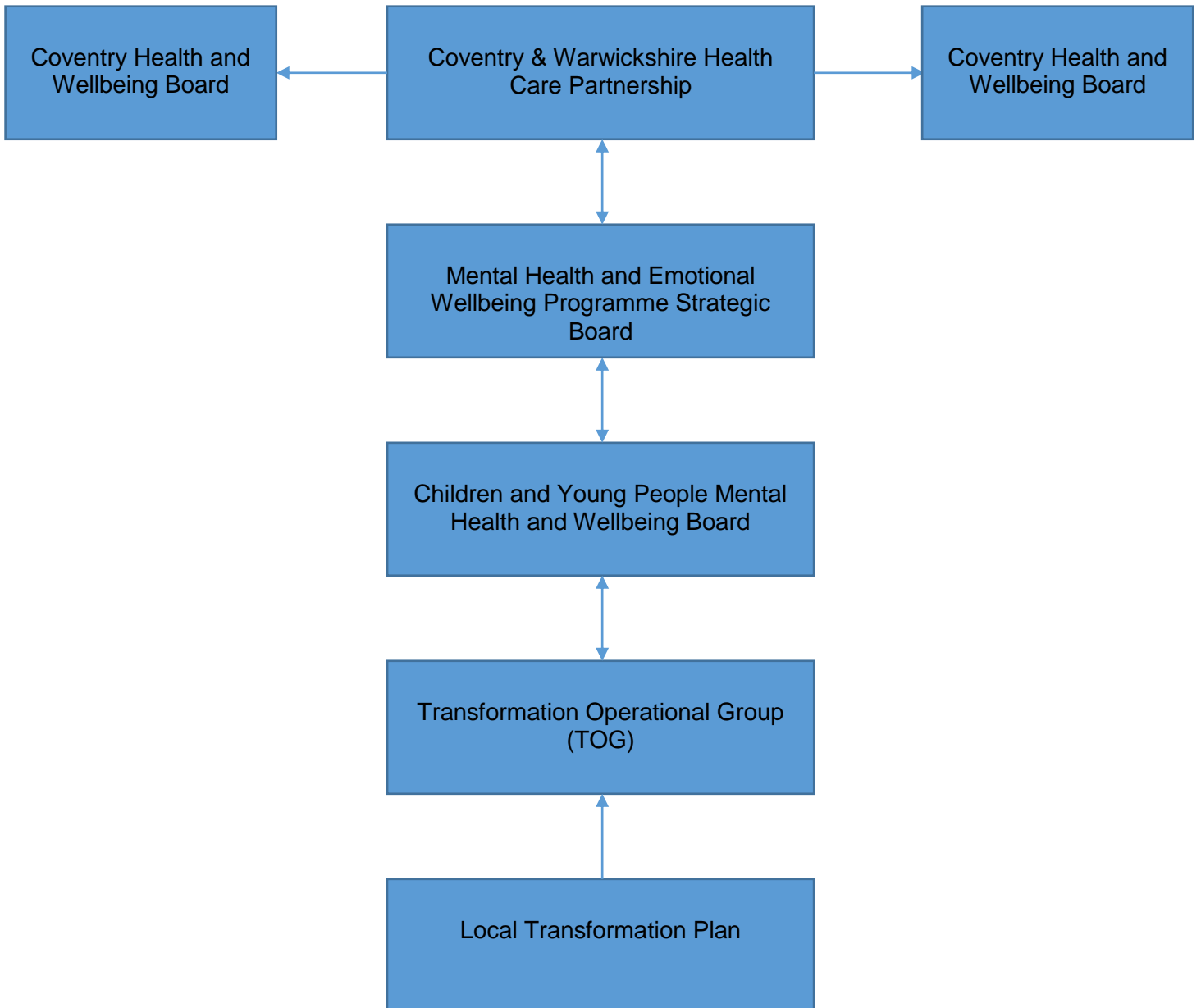
6	<p>Strengthen support for vulnerable children and young people;</p> <ul style="list-style-type: none"> • Coventry are undertaking a co-produced service development piece with the CAMHS LAC service, a dedicated mental health offer to LAC. Part of this work will explore the options of expanding the offer to care leavers up to the age of 25 and the development of support to create a clear pathway for Unaccompanied Asylum-Seeking children / young people. • Warwickshire have developed a delivery plan their vulnerable children’s offer and a multi-agency task and finish has been created to implement the actions. The plan will continue the work and delivery of support and intervention to support those children and young people where these are factors: <ul style="list-style-type: none"> ○ Those in the Youth Justice System ○ Children Looked After (CLA) and those in residential care in Warwickshire ○ Unaccompanied Asylum-Seeking children / young people
7	<p>Strengthen the approach to data collection and analysis</p> <ul style="list-style-type: none"> • During the Covid-19 pandemic NHS England paused all contract functions to allow a focus on the systems response to deal with the global pandemic. This priority will continue to be developed during 2020/21. • MHSDS data is being reviewed on a monthly basis to determine how Coventry and Warwickshire STP are performing against the NHS England CYP Access rate target of 35%. As of May 2021, the STP were achieving 37.9%. • Access and Waiting Times data for the Eating Disorder service is also being reviewed. The ‘Access and Waiting Time Standard for Children and Young People with Eating Disorders’ states that NICE concordant treatment should start within a maximum of 4 weeks from first contact with a designated healthcare professional for routine cases and 1 week for urgent. The target is 95%. For 2020/21 40% of urgent cases were seen within 1 week and 48% seen within 4 weeks. Although the local performance is low the reality is there has been a significant increase in Eating Disorder referrals locally and nationally with children and young people presenting with more complex presentations. Of which some CYP have presented in crisis at acute settings. ED priority above outlines the work implemented to support this cohort of people.
8	<p>Ensure that the voices of children and young people are embedded in CAMHS development</p> <ul style="list-style-type: none"> • Peopletoo review, as outlined in the crisis priority, engaged with a wide range of stakeholders, including children and young people and their parent / carers. Feedback from this review has been used to develop a series of recommendations for Coventry and Warwickshire. • Coventry are in the process of recommissioning Tier 2 targeted services. Part of this recommissioning process engagement has taken place in a range of ways including surveys, workshops led by Commissioners, and children friendly workshops led by range of professionals including Councils Children Champion. The feedback will be used to develop a model. • Co-production is underway to seek views to develop an 18 – 25 CAMHS offer across Coventry and Warwickshire.

4.2. A new set of priorities have been developed over the next 12 months, which are detailed below:

No.	Priority
1	Ensuring that the national and local priorities for children and young people’s mental health and wellbeing are fully integrated from a strategic through to an operational level.
2	Continuing improvements to the breadth of access, timeliness and effectiveness of emotional well-being and mental health support available to children and young people 0 – 25 – focusing on peer development and support.
3	Strengthening approaches to resilience, early help and prevention through work, both with schools, family hubs and partnerships – utilising digital solutions.
4	The ongoing development of the eating disorder pathway and services.
5	Maintaining our strong multi-agency approach to supporting children and young people who are experiencing mental health crises and responding to emerging demands.
6	Responding to the needs of our most vulnerable children and young people; specifically, those within the Criminal Justice System, in crisis, or who self-harm and those who are in care.
7	Implementing innovative mechanisms of engagement to ensure that effective coproduction with children, young people, families and carers in relation to mental health and wellbeing is facilitated.
8	Seeking to integrate and align CYP mental health data recording, to create a system wide framework that can clearly demonstrate outcomes.
9	Responding to Covid recovery and addressing any system inequalities that exist.

5 Governance

5.1. The governance structure below, which has been agreed with HCP Mental Health & Emotional Wellbeing Board, will provide accountability to ensure the delivery of the actions to meet the priorities:



Report Author(s):

Name and Job Title:

- Matt Gilks, Director of Commissioning and Chair of the Children and Young People Mental Health and Wellbeing Board, Coventry and Warwickshire CCG
- Richard Limb, CAMHS Programme Manager, Coventry City Council and Coventry and Warwickshire CCG

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Enquiries should be directed to the above person.

Appendices

Appendix 1: Coventry and Warwickshire Children and Young People's
Child and Adolescent Mental Health Services (CAMHS) Transformation Plan
2015-2020 – Year five refresh: September 2021